

Release of Liability, Waiver of Claims, Assumption of Risk & Code of Conduct

Name:	D.O.B:	Contact No:
Address:	Email:	
Emergency Contact Name:	Emergency Contact No:	

DISCLAIMER:

Bunnerong Gymnastics and their trainers are not responsible for any death, injury, loss or damage of any kind suffered by any person while participating in or watching Bunnerong Gymnastics activities. This caused in any manner whatsoever including but not limited to the negligence of Bunnerong Gymnastics. I am aware that athletic activities have inherent dangers and risks including but not limited to the potential for serious personal injury or death caused by any Bunnerong Gymnastics activities or any condition of the facilities or equipment of Bunnerong Gymnastics. Some of which include:

- Transient light-headedness, fainting, abnormal blood pressure, chest discomfort, muscle cramps, muscle soreness, pain, discomfort, fatigue, nausea, heart failure, exercise induced rhabdomyolysis and so forth;
- All manner of injury resulting from slipping or falling while jumping, skipping, running, walking, lifting, climbing and impacting against the floor, walls, equipment, other athletes or any permanent or temporary equipment;
- Abrasion, entanglement, lacerations, bruising, dislocation and other injuries resulting from activities on or near bars, beams, walls, ropes, rings, boxes, vaulting tables, pommel horses, trampolines, foam pits or any other permanent or temporary equipment;
- Injuries resulting from falling athletes or objects such as weights, dumbbells, bars, medicine balls, ropes and so forth or by any objects dropped by other persons conducting athletic activities or assisting others;
- That the athletic activities I am participating in requires a moderate to high degree of effort, are designed to be high intensity and are intended to maximally challenge my cardiovascular endurance, stamina, strength, flexibility, speed power, coordination, agility, balance and accuracy;
- That although Bunnerong Gymnastics takes steps to reduce the risks and increase the safety of all athletic activities, it is not possible for Bunnerong Gymnastics to make these athletic activities completely safe;
- That I am personally responsible for my preparation prior to athletic activities, my concentration and attention during these athletic activities and for my post activity rest and recovery;
- That I will learn and obey the rules and regulations of Bunnerong Gymnastics and that I will follow the instructions and directions of instructors during athletic activities;
- That Bunnerong Gymnastics may videotape, audiotape or photograph you for instruction and promotional purposes without payment of any kind to you and without further notice to you or permission from you.

I CONFIRM THAT I AM THE FULL AGE OF EIGHTEEN (18) YEARS (IF UNDER 18 THE FORM MUST BE SIGNED BY A PARENT/GUARDIAN) AND I HAVE READ AND UNDERSTOOD THIS AGREEMENT PRIOR TO SIGNING IT. I AM AWARE THAT BY SIGNING THIS AGREEMENT I AM WAIVING CERTAIN LEGAL RIGHTS WHICH I OR MY HEIRS, NEXT OF KIN, EXECUTORS, ADMINISTRATORS, ASSIGNS AND REPRESENTATIVES MAY HAVE AGAINST Bunnerong Gymnastics. I GIVE AUTHORITY FOR Bunnerong Gymnastics TO CHARGE THE BELOW CREDIT CARD UPON MY ATTENDANCE AT ONE OF THEIR CLASSES.



(Please circle type of card)

Name on Card:	Card No:
Expiry Date:	Verification Code:
Signature:	Date:

Bunnerong Gymnastics Adults Class Code of Conduct 2020

As a participant of Bunnerong Gymnastics, involved in any activity held by or under the auspices of Bunnerong Gymnastics, Gymnastics NSW, Gymnastics Australia, or an affiliated club, you must meet the following requirements in regard to your conduct during any such training, competition, activity or event.

This code of conduct should be read and understood by all participants. Bunnerong Gymnastics asks for your total support in ensuring that this code of conduct is adhered to:

1. Respect the rights, dignity and worth of others regardless of their gender, ability, cultural background or religion.
2. Be fair, considerate and honest in all dealings with others.
3. Be professional in, and accept responsibility for, your actions.
4. Make a commitment to providing quality service.
5. Be aware of, and maintain an uncompromising adherence to, Bunnerong Gymnastics standards, rules, regulations and policies. Including but not limited to;
 - Store personal belongings inside the gym or foyer and not in the bathrooms.
 - Remain on the class's rostered apparatus and respect other groups in the gym.
 - Remain inside the gym at all times during the class and do not enter the Club Office or Staff Room.
 - Train in appropriate attire and conduct behavior in an appropriate manner for a shared facility with minors.
 - Make payment for classes prior to attending.
7. Do not use your involvement with Bunnerong Gymnastics to promote your own beliefs, behaviours or practices where these are inconsistent with those of Bunnerong Gymnastics.
8. Demonstrate a high degree of individual responsibility especially when being in the same facility with persons under 18 years of age, as your words and actions are an example.
9. Avoid unaccompanied and unobserved activities with persons under 18 years of age, wherever possible.
10. Refrain from any form of harassment of others. Bunnerong Gymnastics – General Code of Behaviour.
11. Refrain from any behaviour that may bring Bunnerong Gymnastics into disrepute.
12. Provide a safe environment for the conduct of the activity.
13. Show concern and caution towards others who may be sick or injured.
14. Be a positive role model.
15. Understand the repercussions if you breach, or are aware of any breaches of, this code of behaviour.
16. To understand, follow, and respect each and every Value of the Bunnerong Gymnastics program – Respect, Growth, Family, Unity & Happiness.
17. Do not physically or verbally abuse or harass anyone associated with the Club (participant, coach, judge, etc).
18. Do not tolerate acts of aggression.
19. Care for and respect the equipment provided to you as part of your program. This includes packing up after yourself at the conclusion of an activity or the class.
20. Conduct yourself in a professional manner relating to language, temper and punctuality.

I (Name Printed) _____, acknowledge and agree to adhere to Bunnerong Gymnastics Code of Conduct.

Participants Signature: _____ Date: _____

Bunnerong Gymnastics Signature: _____ Date: _____